

Dear Parents,

An article written by Mary Gaida in Feb. 2000, entitled '*Forever*' Program Prepares High School Seniors for Future asked "How well prepared will high school students be as they prepare to move on in the world without a peanut butter sandwich carefully prepared and wrapped, their orange divided into neat sections and milk money taped to their book bags? More importantly how prepared will they be to meet young people in college with different values and morals, to say no to new temptations? Would they still roll out of bed to attend Mass on Sunday if their father didn't threaten them...." While written almost 9 years ago these questions still worry many of you parents.

Recently the press has been asking these same questions with relative frequency proving that they are still pertinent and on the minds of many parents and people in general. Consider the amount of coverage given to the Britney Spears problems. More recently blogs and media questions have centered on Gov. Palin's eldest daughter's pregnancy. The media asks where the parents are and whether parents are teaching their teens about sexuality.

In some ways I think the questions are disingenuous considering the push for more public education and funding for youth and teen sex education. Truth be told, too many parents don't know where or when or how to start these discussions so they don't push back against these efforts.

Parents, you now have a user-friendly, timely resource to turn to for help with these matters and finally with a decidedly Christian flavor. *Fortifying families of Faith* offers a brand new curriculum entitled **Daughters Forever, Sons Forever**. This curriculum offers parents an in-depth text to read and draw examples from. Companion workbooks for both you and your teen are also available; an audio/video program fully complements the set. The workbooks are designed to help parents initiate the important discussions with their teens about health and human sexuality, Consider how this entire program can be enjoyed by parents and teens at their leisure and within their own homes.

The workbooks also allow parents to test and correct their teen's knowledge; in fact, this curriculum can be used as an alternative instruction if you are concerned about your teen's public or private school sexuality/health education programs or curriculums. And I know many of you are and rightly so.

Monthly *town hall meetings* are scheduled monthly for parents living in the Mpls-St. Paul, MN area at the Living Bread Catholic Bookstore and Gifts. Check out the website for dates, location and more: [www.fortifyingfamiliesoffaith.com](http://www.fortifyingfamiliesoffaith.com).

Please feel free to contact me with any questions: [linda@fortifyingfamiliesoffaith.com](mailto:linda@fortifyingfamiliesoffaith.com). "Hopefully many parents and teens are anticipating challenges ahead." Daughters Forever, Sons forever is equipped to help parents instruct and connect with their teens on these vital matters.

Sincerely,

Linda Kracht