

## Opt Out Letter for School Based Sex Education

Note: This letter is a sample of what our family used to opt our son out of our local high school's mandated health curriculum. Instead, we home-schooled him in this area and will turn in his grades to the school advisor next year for credit. We had no problem getting this plan accepted and approved by the principal of our local high school. In fact, she asked to keep several copies of *Daughters Forever, Sons Forever* on hand in the event other parents were interested. This letter can be personalized to fit your situation.

Dear Advisor,

We will not enroll \_\_\_\_ in the Personal Health class as a sophomore and will not allow \_\_\_\_ to enroll in this class while attending \_\_\_\_ Senior High School.

We object to teaching teens about risky behaviors through a "*risk reduction*" approach. We also object to classroom sex education. Our sexuality is too beautiful and too personal to be taught as a routine, non-special activity such as brushing teeth, grooming, etc. We firmly believe that teaching teens about how to *reduce their risks* of contracting STDs or pregnancy avoids a much bigger and more relevant question with regard to morality, appropriate and inappropriate behavior, sexuality and other areas as well.

We hope to instill in our children a sense of ethos; it is far more effective to discuss sexuality while linking it to spirituality, morality and with a personalized approach. Furthermore, *risk avoidance not risk reduction* is in accordance with \_\_\_\_ being created in the image and likeness of God. We imitate His actions.

The type of classroom instruction, with "condom" relay races and emphasis on risk reduction, is in direct violation of our religious and spiritual beliefs, as explained above. This type of instruction is at best condescending and humiliating for the students and we won't subject P \_\_\_\_ to this humiliation or embarrassment.

We will home school \_\_\_\_ in this area. In fact, using the text, *Daughters Forever, Sons Forever* and its accompanying workbooks. This book covers STDs, alcohol and substance abuse, abortion, teen pregnancy, along with a number of other pertinent things teens encounter in today's world.

One more point, \_\_\_\_ was very embarrassed this past winter when the school based clinic marched around the cafeteria with a sign suggesting that love doesn't burn or itch. \_\_\_\_ commented that many students laughed out of embarrassment and some pelted the sign carrier with spitballs. I ask that such messages be restricted to the Health clinic itself. Students do not need to be subjected to opposing philosophies and perspectives when they least expect it, especially during lunch.

If you have any questions please do not hesitate to call us at \_\_\_\_\_.

Sincerely,